

Hidden notes of inspiration.

Instructions:

1. Print this page and cut each line of inspiration out individually (or re-write the quotes on scratch paper or sticky notes)
2. Place the motivational quotes in the suggested location or find a location that works for you.

Place beside your alarm clock (or phone charger)

“Make each day your masterpiece.” – Coach John Wooden

Tape above the toilet paper holder.

“Opinions are like butts. Everyone has one and they all stink.”

Tape to the outside of the shower door.

“What would you attempt to do if you could not fail?” –unknown

Tape to the bathroom mirror

“Are you going to have a good day or are you going to have a bad day?”

Tape to the toothpaste tube

“Be careful how you are talking to yourself because you are listening.” – Lisa Hayes

Tape to your deodorant container

“Be yourself. Everyone else is already taken.”

Tape to the blow dryer

“Do something today your future self will thank you for.” –unknown

Place in your sock drawer

“Out of difficulties grow miracles.” –Jean de la Bruyère

Tape to your bedroom door

“Success doesn’t come to you, you go get it.” –Marva Collins

Tape to your closet door

“Of all the things you wear, your expression is the most important.” –Janet Lane

Pin to the inside of your backpack.

“Luck is when preparation meets opportunity.” - Seneca

Inside your musical instrument case or athletic shoe

“If you really want to do something, you will find a way. If you don’t, you’ll find an excuse.” –Jim Rohn

Tape to the dashboard of your car

“If you can dream it, you can do it.” –Walt Disney

Tape to the device you use to access Snapchat or Instagram

“Be kind, for everyone you meet is fighting a hard battle.” –Plato

Some extras for you to find a location for...

“Stop looking for permission to pursue your dreams! They are your dreams and you don’t need a co-signer to chase them.” –Eric Thomas

“Greatness begins beyond your comfort zone.” –Robin Sharma

“I find the harder I work the more luck I seem to have.” –Thomas Jefferson

“I know God won’t give me anything I can’t handle. I just wish he didn’t trust me so much.” –Mother Teresa

**Want more quotes? My book is full of them! Check out *Blood Sweat & Tiaras* on Amazon or join me online. I like to post inspiration on my Facebook, Instagram, Twitter & Google accounts. You will find links to all my accounts at www.adriennebulinski.com

Stay positive and make every day count!

Hugs,

Adrienne